

GILFORD PARKS AND RECREATION

"Summer Fun for All!"

2024 SUMMER PROGRAMS
(SOME SPRING & FALL ACTIVITIES, TOO!)



GILFORD PARKS AND RECREATION DEPARTMENT

GILFORD TOWN HALL

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GILFORD, NH 03249

(603) 527-4722 Parks and Recreation Office

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Director of Parks and Recreation

Brittni Stewart

SPRING ADULT HIKING PROGRAMS: These hikes are offered to any adult over the age of 18 looking to get outside to enjoy the great outdoors and get some exercise! There may be mud but hopefully no bugs:



April 30 – TBD
May 7 – TBD
May 14 – TBD
May 21 – TBD



If a hike is cancelled due to weather, all participants will be notified as soon as possible. You must RSVP with the Parks and Recreation office **at least one day prior to each trip**. We will meet in the Gilford Town Hall Lobby at 9:30 AM before departing for each hike.

“Health is the greatest gift, don’t forget to treat yourself!”

ADULT SPRING PICKLEBALL: Come on down to the Gilford Village Courts and join us on Friday mornings for Pickleball! Equipment will be provided unless athletes would like to bring their own. This program requires pre-registration and is open to individuals 18 years of age and older. Give us a call to register at (603)-527-4722. We have limited availability for each session, so make sure to register! We are offering 2 levels of experience, so everyone has a place to play!

May 3, 2024 – May 31, 2024

Cost: \$20/ 5-week outdoor session or \$5 drop in fee

Location: Gilford Village Courts

Beginners: 9:00 AM – 10:30 AM

Intermediate/Advanced: 10:30 AM – 12:00 PM

In the event of inclement weather, cancellations will be sent in a mass email to all of the registered participants.

GOLF LESSONS AT BOLDUC PARK: Offered to introduce and promote golf to youth and adults.

*Youth Program = Ages 8-15

- Series of 3 consecutive Tuesdays – Session #1: **May 7, 14, and 21**
Session #2: **June 4, 11, and 18**
- Class Times: 5:30 PM – 7:00 PM
- Registration Fee: **\$100.00** for three 1.5-hour lessons (includes clubs and balls).



*Adult Program = Ages 18 and up

- Series of 3 consecutive Thursdays – Session #1: **May 9, 16 and 23**
Session #2: **June 6, 13 and 20**
- Class Times: 5:30 PM – 7:00 PM
- Registration Fee: **\$100.00** for three 1.5-hour lessons (includes clubs and balls).

GILFORD YOUTH SOCCER LEAGUE FALL PROGRAM:



For all Gilford youth who will be entering grades K through 5 in the fall of 2024. Registration nights will be held on **Wednesday, June 5th** and **Wednesday, July 31st** from 5:00 PM – 6:30 PM at the Parks and Recreation Office in the Gilford Town Hall.

Participants can also register in the Rec Office during regular operating hours or by downloading a registration form off the Parks and Rec website and mailing it in. The early registration fee is **\$15.00 per child** - after August 6th, the fee will be \$25.00. Coaches and assistant coaches are always needed and welcome! Call the Parks and Recreation Department Office at 527-4722 for further information.

BOSTON RED SOX BUS TRIP:

Join us as we visit historic Fenway Park to watch the Red Sox play this season. Our trip is scheduled for **Tuesday, July 30th, 2024 vs. the Seattle Mariners**. Game time is 7:10 PM. Ride to Boston in comfort aboard a motor-coach, complete with TV/DVD and lavatory. The cost of the trip is **\$90/person** and includes the cost of your ticket to the game and transportation. All other expenses are your own responsibility. Any child ages 17 or under must be accompanied by an adult guardian. Space is limited, so sign up today! Please call the Parks and Recreation Office at 527-4722 for registration information.



VS



YOUTH TENNIS LESSON PROGRAM:



A free, six-week program sponsored by Advantage Kids for children ages 6-14. An hour long tennis lesson, plus a 30 minute yoga and meditation session. Combining these two increases kids' ability to focus, excel academically and relate to each other!

Tuesdays and Thursdays, **June 25 to August 1 (No Program July 4th)** at the Village Field Tennis Courts.

6-10 year olds 9 AM – 10 AM
11-14 year olds 10 AM – 11 AM

Cost: FREE!

Register Online on Advantage Kids website at: www.advantagekids.net

YOUTH TENNIS MATCH PLAY PROGRAM:

This program sponsored by Advantage Kids offers a competitive play opportunity for **children ages 12-17** who can rally, serve and keep score. This program will be held at the Gilford Village Tennis Courts on **Tuesdays & Thursdays from June 25 to August 1 (No Program July 4th)**, from **11:00 AM – 12:30 PM**. Players will participate in this Junior Team Tennis program and progress through the USTA Junior Team Tennis ranks! With the help of AK Coaches, teams will be paired up with others of similar ability, play a doubles match then a singles match each. Sets will be shortened, standings kept, and the top two teams will qualify for the 4th annual NH State Advantage Kids Championship in the Fall of 2024. Coaches will be on hand to supervise, input scores, and offer light coaching tips or assistance when needed. Players should bring their own rackets!

Cost: \$20.00/participant

Register Online on Advantage Kids website at: www.advantagekids.org

CHALLENGER SPORTS 'CORE' SOCCER CAMP:

This camp will be held at the Gilford Village Field the week of **July 8th –12th** for youth from ages 3 to 14.

Children ages 3 – 5 Tiny Tykes: 8:00 AM – 8:45 AM

Cost: \$80 (Current Early Bird Registration Rate)

Children ages 6 – 14 Half Day Camp: 9:00 AM - 12:00 PM

Cost: \$150 (Current Early Bird Registration Rate)



Register online at www.challengersports.com by **June 10th** to receive a **free British soccer jersey**. Must register by July 1st, to avoid the late fee. The camp fee includes 7.5 hours or 15 hours of instruction, a soccer ball and a camp t-shirt. CHALLENGER SOCCER coaches soccer skills within a framework of character development based on respect, responsibility, integrity, leadership and sportsmanship. They also introduce players to the geography, traditions and culture of other great soccer-playing countries.

SHOOTER'S GOLD BASKETBALL CAMP:

Under the direction of Coach Paul Hogan, the camp will be held at the Gilford Middle School Gymnasium from **July 16th-19th (Tuesday-Friday)**.



- Session #1, for boys and girls entering gr. 1 - 4, will run from 8:00 AM - 10:00 AM.
- Session #2, for boys and girls entering gr. 5 - 8, will run from 10:00 AM - 2:00 PM.

SPACE IS LIMITED!!

The registration fee for session 1 is **\$95.00 prior to April 1st and \$100.00 starting April 1st**. For Session II it is **\$120.00 prior to April 1st; \$130.00 starting April 1st**. Each participant will receive a basketball and a camp t-shirt. To register, visit www.hogancamps.com or call the Parks and Recreation Department Office at 527-4722 for further information.

MINDS IN MOTION: CyberCrawler Robot Workshop!

On **Monday, July 22nd and Tuesday, July 23rd from 9:00 AM - 4:30 PM**, children ages 7-11 are invited to discover the fun of hands-on world of fun as they conduct a variety of scientific experiments! Build and take home your very own CyberCrawler Robot! This smart coding robotics kit entertains and teaches programming skills to inquisitive young future robotic engineers!



With the aid of your instructor, you will each assemble your own robot that consists of 76 pieces. Once completed, a simple press-button programming keypad embedded on its cranium will send your CyberCrawler on its way! You can design obstacles and maze courses with your classmates to see how far you can go. With a maximum storage capacity of 64 tasks, your CyberCrawler Robot will be a terrific starter tool to learn the joy of coding. This very cool robot's LEDs illuminate as it executes whatever you command. Come and join this fascinating educational robotic experience!

The **registration fee for the two-day workshop is \$135.00**, and it includes all materials. The location for the workshop will be the Gilford Middle School Cafeteria. Enrollment for the 2-day workshop will be limited. Deadline to register: July 8, 2024.

SEACOAST UNITED SOCCER CAMP: This camp will be held at the Gilford Village Field the week of **July 29th – August 2nd** for youth from ages 3 to 14.

Children ages 3 – 5 Grassroots Soccer Camp: 9:00 AM - 9:45 AM **Cost: \$95.00**

Children ages 6 – 14 Half Day Camp: 9:00 AM - 12:00 PM **Cost: \$165.00**

Children ages 6 – 14 Half Day Camp: 9:00 AM – 3:00 PM **Cost: \$260**



Register online at www.seacoastunited.com/programs/camps. The camp fee includes instruction, a camp t-shirt, and a soccer ball. All participants should plan to bring a bottle of water and a snack to camp each day. This camp is a fantastic way for your children to be introduced to Seacoast United's fun developmental approach to the game of soccer. Their professional, dedicated, full time coaching staff will offer sessions full of fun technical challenges and game play. These Soccer Camps appropriately challenge players in a fun learning environment while developing important individual skills. These classes then incorporate their skill work into fun games and activities for younger players and scrimmage play for older players, allowing all players a chance to recognize how their confidence with the ball relates to game play situations and success!

WICKED COOL FOR KIDS Rocket Science Camp:

Rocket Science: The camp will be held the week of **August 5 - August 9** in the Gilford Middle School Cafeteria and is open to youth entering Grades 1 – 5 in the fall of 2024. Participants can register for the Full Day (9:00 AM – 4:00 PM) or Half Day (9:00 AM – 12:00 PM) program.

Cost: Full Day - \$390.00 Half Day - \$285.00



Rocket Science

All-new Rocket Science is a blast for any junior rocketeer! Rocket Scientists will learn about propulsion by building compressed air rockets, solid fuel rockets and rockets that blast off via chemical reaction! As aerospace engineers, we will travel to infinity and beyond while learning the laws of aerodynamics and flight. For a fantastic finish, we will launch our own customized Estes Rocket on Friday (weather permitting). Call the Parks and Recreation Department Office at 527-4722 for a registration form or to get further information.

WICKED COOL FOR KIDS Dinos Vs. Robots:

Rocket Science: The camp will be held the week of **August 12 – August 16** in the Gilford Middle School Cafeteria and is open to youth entering Grades 1 – 5 in the fall of 2024. Participants can register for the Full Day (9:00am – 4:00 pm) or Half Day (9:00am – 12:00 noon) program.

Cost: Full Day - \$390.00 Half Day - \$285.00



Dinos Vs. Robots

Dinosaurs or Robots? Which is your favorite? Join us for the dinos and robots only battle to see which one wins out! Start with robots to communicate in code, learn about circuits and electricity, then design your own ultimate working robot to take home. Next, we'll look at the mighty Mesozoic era and the dinosaurs that ruled the earth. Go back in time to inspect real fossils and find out how dinos got their names.

GILFORD SENIOR MOMENT-UM PROGRAM: Meetings are usually held on Mondays and a variety of activities and day trips are planned. All interested Seniors are welcome to join! The planned schedule for this spring is as follows:

Monday, May 13th – “Back in Time” Mother’s Day Lunch and A Movie - \$10.00/person

Monday, May 20th – Hawaiian Luau and Bingo - \$10.00/person

Wednesday, May 29th – Dessert & a Show – 13 JR. – No Charge

For more info about this friendly, social group, please call the Parks & Rec Office at 527-4722.

“If your Mother says no, go ask Grandma.”

GILFORD BEACH: Gate and restrooms are open daily 9:00 AM - 9:00 PM from **Saturday, June 15 through late August**. Telephone: (603) 293-8022. The dates and times of gate closure are subject to change due to weather or other extenuating circumstances.

SWIM LESSONS - All levels (Red Cross Learn to Swim) - Ages 3 and up. Sessions run 5 days a week, Mon-Fri. Register at the beach beginning June 15th from 9:00 AM - 5:00 PM. **Space is limited and registrations will be accepted on a first come basis!**



Session I: June 24th – July 12th, 2024 (No class July 4th)

Session II: July 15th – August 2nd, 2024

* Registration fee is **\$35.00 for the 1st child** in the family, **\$20.00 for 2nd child** in the same family **and \$15.00 for each additional child** in the same family per session.

ARTS AND CRAFTS PROGRAM - Tuesday and Thursday mornings from 10:00 AM -12:00 PM (weather permitting) from **June 25 to August 1**. No crafts on July 4th. For children of all ages (Crafts are geared toward ages 5 and up, but younger participants are welcome with parental assistance). Register at the beach beginning June 15th from 9:00 AM - 5:00 PM or register the day of the program. Registration fee is **\$30.00** for the 6-week program (\$3.00 per session if you pay on a daily basis).



“We could learn a lot from crayons: some are sharp, some are pretty, some are dull, while others are bright, some have weird names, but they have all learned to live in the same box.”

STORYTIME AT THE BEACH!



– Wednesday afternoons at 12:00 PM, from **July 3 – July 24**. For children of all ages (target audience is pre-school through 4th grade). Join J'Lillian from the Gilford Library and take a quick break from swimming and enjoy a weekly story! In the event of inclement weather, story time will be held at the Gilford Library.

SUMMER BEACH YOGA PROGRAM-

Gilford Parks and Rec is partnering with Renee Cupples, E-RYT500 Certified Yoga Instructor, to run a 6-week Yoga for All Ages Program! This is located at the Gilford Town Beach which is on Varney Point Rd. This will be taking place on Tuesday mornings and Thursday evenings from **July 9 - August 15, 2024** (Session dates may be extended to accommodate cancellations). Tuesday's will be from 9:30 AM - 10:30 AM and Thursdays from 6 PM – 7 PM. The registration fees are **\$60.00 for 6 classes** or **\$15.00 for a daily drop-in fee**. Participants should plan to bring their own yoga mat or towel to use each class. Participants can register in advance at the Gilford Town Beach or the Gilford Parks and Recreation Office. For more information contact the Parks and Recreation office at (603)-527-4722.



GILFORD COMMUNITY BAND CONCERT SERIES:

Sponsored by the Parks and Recreation Department, the Gilford Community Band performs a series of summer concerts at the Gilford Village Field Weeks Bandstand (rain location will be Gilford High School Auditorium). The concerts will be held on Wednesday evenings: July 3rd, July 17th, July 31st, and Aug 14th. Concerts will be held at 7:00 PM and they are free to the public. And as always, the band will perform at the bandstand at 8:00 PM on **Gilford Old Home Day, August 24th**. Grab your lawn chair or blanket and come join us for some great entertainment!



“Dance - even if you have no place to do it but your living room. And sing, too, but don't quit your day job.”

GILFORD OLD HOME DAY CELEBRATION!:

Join us this year on **Saturday, August 24th** for our Annual Old Home Day celebration!



This year's theme is "Work-Play-Explore". A great annual tradition - featuring a pancake breakfast, parade, food and craft booths, entertainment, games and field events, road race, band concert, dance and FIREWORKS!!! Guaranteed to be a fun and memorable day for one and all! Advertisers in our program book are always welcome. Volunteers are still needed to help - call the Parks and Recreation Department Office if you are interested in getting involved and lending a hand.

"Never, ever miss the fireworks."

VOLUNTEERS are always needed, year-round, for many of our programs and special events. If you would like to give of your time and/or talents, or if you have any ideas or suggestions for programs you might like to see, please call the Parks and Recreation Department Office. **Volunteers and ideas are always welcome!**

The Parks and Recreation Department constantly strives to provide and maintain high quality, year-round programs, activities, and facilities for people of all ages and abilities. We try to keep all program fees at an affordable level. Discounts and scholarships are available for most programs, in the hopes that no one will be denied participation in a program or activity due to an inability to pay any fee.



GILFORD PARKS AND RECREATION DEPARTMENT FACILITIES:

- 1. GILFORD BEACH** (13 acres) - located on Varney Point Road. 1800 feet of shorefront on Lake Winnepesaukee for use by all Town resident/taxpayers. The facility includes a concession stand, restroom/changing facilities, swim raft, basketball court, volleyball court, playground equipment, picnic area/cookout facilities, and parking.
- 2. GILFORD VILLAGE FIELD** (28 acres) - located on Belknap Mountain Road. Facility includes four lighted tennis courts, a lighted basketball court, a soccer field, two baseball diamonds, dugouts, bleachers, playground equipment, picnic area, bandstand, and storage buildings.
- 3. STONEWALL PARK** (9 acres) - located on Stone Road. Facility includes an enclosed baseball diamond and dugouts, bleachers, storage building, well, and parking.
- 4. LINCOLN PARK** (1 acre) - located on Belknap Point Road. Facility includes scenic waterfront on Lake Winnepesaukee, picnic area, and parking.
- 5. ARTHUR A. TILTON GILFORD ICE RINK** (3 acres) - located on Varney Point Road. Facility includes an outdoor covered ice skating rink with lights (approx. 220' x 110') with a dirt surface, storage building with a locker room, well and parking.

"We don't stop playing because we grow old. We grow old because we stop playing."